

CHICKEN LEGMEAT GYROS/STIR FRY

GlacialTreasure

PRODUCT ID / ID PRODUIT 63090 BRAND

NET WT (Kg)	GROSS WT (Kg)	PIECE WT	PIECES	PROTEIN	CATEGORY
6	6.435			14	IQF

PALLET PATTERN	STORAGE	SHELF LIFE	ALLERGEN	CASE PALLET	DIMENSIONS (IN) L X W X H
10*11	FREEZER	18 MONTHS	YES	36	15.×11.×5.0

Nutrition Facts
Valeur nutritive
Per 100 g
pour 100 g

Calories 160	% Daily Value* / % valeur quotidienne*
Total Fat / Lipides 10 g	13 %
Saturated / saturés 1 g + Trans / trans 0 g	6 %
Carbohydrate / Glucides 3 g	
Fiber / Fibres 0 g	0 %
Sugars / Sucres 1 g	1 %
Protein / Protéines 14 g	
Cholesterol / Cholestérol 65 mg	
Sodium 420 mg	18 %
Potassium 200 mg	6 %
Calcium 20 mg	2 %
Iron / Fer 0.75 mg	4 %

* 5% or less is **a little**, 15% or more is **a lot**
* 5 % ou moins c'est **peu**, 15 % ou plus c'est **beaucoup**

Ingredients: Chicken leg meat, Water, Canola oil, Flavour (corn starch, dehydrated turkey broth, dextrose, spice extracts, corn syrup solids, sodium phosphate), Onion powder, Concentrate lemon juice,, Red cooking wine (wine, salt, sulphites), Sea salt, Onions, Oranges with peel, Spices, sodium lactate, sodium acetate, sodium diacetate, Balsamic Vinegar[wine vinegar, grape must, invert sugar, caramel(contains sulphites)], Garlic powder

Contains: Sulphites

Ingrédients: Cuisses de poulet, eau, Huile de canola, Saveur (amidon de maïs, bouillon de dinde déshydraté, dextrose, extraits d'épices, solides de sirop de maïs, phosphate de sodium.), Oignon en poudre, Jus au citron concentré, Vin rouge cuisson(vin, sel, sulfites), Sel de mer, oignons, Oranges avec zeste, Épices, Lactate de sodium, acétate de sodium, diacétate de sodium, Vinaigre balsamique[vinaigre de vin, mout de raisin, sucre inverti, caramel(contient des sulfites)], Ail en poudre

Contient: Sulfites

Heating Instructions:
Instructions de Chauffage:

FRY PAN:

1. Preheat non-stick fry pan to medium-high
2. Lightly grease pan. Add chicken.
3. Fry 6 to 7 minutes, stirring frequently.

NOTE: Ensure product is thoroughly heated (165°F/74°C) before serving. Since appliances vary, these instructions are guidelines only.

Do not microwave product

OVEN:

Preheat oven 350F. From frozen, place product on baking sheet evenly in middle rack

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EAT LOCAL

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